

## 2017 Youth Basketball League Information

<u>Divisions</u>	<u>Eligibility</u>	<u>Gym</u>	<u>Goal Height</u>	<u>Ball Size</u>
3 <sup>rd</sup> Grade Coed	Grades: 3	Desert View	9'	27.5"
4 <sup>th</sup> Grade Coed	Grades: 4	Desert View	9'	27.5"
5 <sup>th</sup> Grade Coed	Grades: 5	Middle School	10'	27.5"
Middle School	Grades: 6-8	Middle School	10'	28.5"

### Practice

- Practice begins February 6<sup>th</sup> and coaches will schedule 2-4 practices that week
- Available outside courts to practice on are: Page Youth Center (3), Page Middle School (3), Lake View Elementary (3), Desert View Elementary (3), and Page High School (4)
- Once games begin on February 13, coaches will hold 1-2 practices per week
- Coaches should provide players and parents with practice schedules at least 2 weeks ahead of time
- Players are expected to attend practices and to notify coaches ahead of time if they will be absent

### Equipment

- Team shirts are provided with registration (shirts must be tucked in)
- For safety, gym shoes are required to play
- For safety, players may not wear jewelry, hard hair clips (soft pony tail bands allowed), hats or bandanas

### Parent/Guardian Responsibilities

#### Role Model and Mentor

- Demonstrate and require good sportsmanship and acting in a respectful manner
- Respect referees' calls and authority
- Emphasize skill building and fun over competition and winning
- Provide a positive, accepting, and fun atmosphere
- Refrain from and prohibit children from using foul language
- Pick up all trash and place in trash cans and recycling bins

#### Safety and Supervision

- Ensure children wear required equipment, and follow all game and safety rules
- Try to attend practices and games with children and supervise non-player children
- If not attending games or practices arrive on-time or early to pick up children
- During games stay clear of the basketball goal and view games from the sidelines opposite the teams
- Prohibit children from climbing on facility features not designed for children to climb on
- Refrain and prohibit children from riding bikes, skateboards, skates or other wheeled vehicles inside the gyms (Middle School and Desert View)
- Refrain from bringing pets inside the gyms

### Players and Coaches

- Teams unable to start with 5 players after a 5-minute grace period may start the game with 4 players
- Two coaches, per team, may be on the benches at a time
- Both teams will sit on the same side and on the opposite side from the parents

### Game Length

- All Leagues: Four 8 minute running quarters with 3 minutes for halftime.
  - 3<sup>rd</sup> Grade -- The clock will only be stopped for substitutions at the 4 minute mark and for time-outs.

- 4<sup>th</sup> and 5<sup>th</sup> Grade– The clock will only be stopped for substitutions at the 4 minute mark and for time-outs; the clock **will not** be stopped for free throw shots.
- Middle School – The clock will only be stopped for time-outs, free throws, and the last minute of each quarter.

#### **Time -outs**

- All Leagues – 2 one-minute time-outs per game
- 1 additional one-minute time-out for overtime

#### **Defense**

- 3<sup>rd</sup> through 5<sup>th</sup> Grade – No pressing or double teaming allowed; teams must play a man to man defense, picking up their man at center court
- Middle School – Must play a man to man defense in the 1<sup>st</sup> and 3<sup>rd</sup> quarter; If a team is up by no more than 15 points in the 2<sup>nd</sup> and 4<sup>th</sup> quarter, they may press full court man to man (players may only press their own man). Double teaming is not permitted.

#### **Substitutions**

- All players must play at least 50% of game time
- 3<sup>rd</sup>, 4<sup>th</sup>, and 5<sup>th</sup> grades -- substitutions are only allowed at the 4 minute mark per quarter
- Middle school – substitutions are allowed at any time

#### **Referees**

- Referees enforce the rules, but have the authority to adjust their calls league levels
- Referees and coaches' communications will occur only between periods and time-outs with communication limited to interpretation of rules related to calls made during the game
- Coaches may not enter the basketball court or question calls during the games
- Referees may eject any player, coach or spectator from the facility for refusing to follow game or facility rules, or for disrespectful, unsafe or unsportsmanlike behavior
- It is not appropriate or respectful to call out displeasure with referees. Gym supervisors will eject coaches, parents or others who verbally or otherwise call out referees.

#### **Fouls**

- 3<sup>rd</sup> and 4<sup>th</sup> grade – Referees will call fouls, but the foul **will not** be recorded and free throws **will not** be shot; After a foul is called, the ball will be taken in out of bounds by the opposing team.
- 5<sup>th</sup> grade – Personal fouls **will** be recorded and free throws **will** be shot; However, team fouls **will** not be kept, so there are no bonus free throws.
- Middle School -- Personal fouls **will** be recorded and free throws **will** be shot; Team fouls **will** be kept, and bonus free throws **will** be shot.

#### **Scoring, Ties and Standings**

- 3<sup>rd</sup> Grade – No scores or standings will be kept
- 4<sup>th</sup> Grade, 5<sup>th</sup> Grade and Middle School – Scores and standings will be kept; in the event of a tie, there will be a 3 minute overtime with a running clock (clock will only be stopped for a 1 minute time-out)

## Recreation Department Contacts and Office Hours

### **Page Sports Complex**

477 Haul Road  
Page, AZ 86040

### **Mailing Address**

PO Box 1180  
Page, AZ 86040

**Office Phone:** (928) 645-4381/4380

**Department Cell:** (928) 691-0209

**Fax:** (928) 608-0347

### **Office Hours**

Monday - Thursday 12pm - 5pm  
Friday - Sunday Closed

### **Recreation Director**

Jackie La New  
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### **Recreation Assistants**

Trella Henderson  
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### **Recreation Maintenance**

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### **Community Services Director**

Debbie Winlock  
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