

699 S. Navajo Drive
P.O. Box 1180, Page, AZ 86040
(928) 645-2600

**Page Community Center Meal
Program**


Meals served @ 12:00 Noon
Monday-Friday

January 2019

**Must Reserve Meals By 1:00 p.m
The Day Before**

Meal Contribution:
\$5.00 per Meal (under 60 includes tax)
\$4.00 per Meal Suggested Donation (over 60)

Menu is Subject to Change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 CENTER CLOSED 	2 Salisbury Steaks, Mashed Potatoes, Mixed Vegetables, WG Bread, Pears	3 Potato Soup, Chef Salad, WG Bread, Pineapple	4 Meat loaf, Mashed Potatoes, Carrots, WG Bread, Mixed Fruit
7 Roast Pork, Mashed Potatoes, Broccoli, Three Bean Salad, WG Bread, Apple Sauce	8 Green Chili Bean Burritos w/Garnish, Corn, Carrot Salad, WG Tortilla, Peaches	9 Ranch Chicken, Sweet Potato, Broccoli, Cucumber & Tomato Salad, Pears, WG Bread	10 Baked Ham, Scalloped Potatoes, Beets, WG Bread, Cole Slaw, Pineapple	11 Navajo Taco w/Garnish, Chili Beans, Corn, Fry Bread, Peaches
14 Macaroni & Cheese w/Ham, Peas & Carrots, Three Bean Salad, Pineapple	15 Shepherd's Pie, Beets, Tomato Slice, WG Bread, Mandarin Orange	16 Swiss Steak, Carrots, Brussel Sprouts, Potato Salad, WG Bread, Pears	17 Cabbage Rolls, Stewed Tomatoes, Green Beans, Carrot Salad, WG Bread, Apricots	18 Pork Carnitas w/Garnish, Spanish Rice, Ranch Beans, WG Tortillas, Pears
21 Spaghetti & Meatballs, Italian Vegetables, Squash, Cole Slaw, WG Bread, Peaches	22 Cheese Pizza, Broccoli, Beets, Spinach & Orange Salad, Pizza Crust	23 Tomato Soup, Squash, Chef Salad, Crackers, Fruit Cocktail	24 Beef Stew w/ Vegetables, Three Beans Salad, Pears, WG Biscuit	25 Chicken Sausage, Scramble Eggs, Biscuit & Gravy, Apple Sauce
28 Chicken Fried Steak, Baked Potato, Creamed Corn, WG Bread, Pineapple	29 Breaded Fish, Rice Pilaf, Broccoli, Carrot Salad, WG Bread, Apricots	30 BBQ Chicken, Mixed Vegetables, Potato Salad, WG Bread, Peaches	31 Ham & Bean Soup, Beets, Spinach & Orange Salad, Corn Bread,	Supported by the City of Page, NACOG, DES, Grants & Donations

“Services are funded by the Older Americans Act, SSBG funds and the State of Arizona. Funding is allocated on a regional basis from the Arizona Department of Economic Security, Division of Aging and Adult Services (DAAS) to Area Agencies on Aging. Eligibility for programs: Seniors or adults with disabilities. Additional requirements may vary by program. Client contributions are encouraged and are vital for continuation of the programs. Language assistance and alternate forms of communication are available upon request. Under Titles VI and VII of the Civil Rights Act of 1964 (Title VI and VII) and the Americans with Disabilities Act of 1990 (ADA) Section 504 of the rehabilitation Act of 1973 and the Age Discrimination Act of 1975, Area Agency on Aging NACOG prohibits discrimination in admissions, programs, services, activities or employment based on race, color, religion, sex, national origin, age and disability. Area Agency on Aging NACOG must make a reasonable accommodation to allow a person with a disability to take part in a program, service or activity. Auxiliary aids and services are available upon request to individuals with disabilities.”