

August

Page Community Center
 699 S. Navajo Drive
 Page, AZ 86040
 928-645-2600
 Mon – Fri 10 to 3



Do you know an older adult who could use a healthy hot meal delivered to their door?
 Are you an older adult who could use a hot meal delivered to your door?
 Call the Community Center for more information about Meals on Wheels.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Yoga W/ Barb 10:30 am Bingo 1 pm Pool Club 1-4	2 DVD Exercise 10 am	3 Pilates DVD 9am Coloring club 1pm	4 DVD Exercise 10 am	5 Pilates DVD 10am
6	7 DVD Exercise 10 am Craft Class 1:30 pm* Adult summer reading program party*	8 Yoga W/ Barb 10:30 am Bingo 1 pm Pool Club 1-4	9 DVD Exercise 10 am	10 Pilates DVD 9am Coloring club 1pm	11 DVD Exercise 10 am	12 Pilates DVD 10am
13	14 DVD Exercise 10 am	15 Yoga W/ Barb 10:30 am Bingo 1 pm Pool Club 1-4	16 DVD Exercise 10 am	17 Coloring club 1pm Quilt Club 7pm	18 DVD Exercise 10 am Mother/Daughter Tea* 6-7pm 	19 Pilates DVD 10am Quilt Club 9-2
20	21 DVD Exercise 10 am Knitting Class 1:30 pm*	22 Yoga W/ Barb 10:30 am Bingo 1 pm Pool Club 1-4	23 DVD Exercise 10 am	24 Pilates DVD 9am Coloring club 1pm	25 DVD Exercise 10 am	26 Pilates DVD 10am
27	28 DVD Exercise 10 am	29 Yoga W/ Barb 10:30 am Bingo 1 pm Pool Club 1-4	30 DVD Exercise 10 am	31 Pilates DVD 9am Coloring club 1pm		

* Requires Sign up

*By invitation only

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